Testing, Isolating and Quarantine requirements 5 January 2022

Government of South Australia

COVID-19 POSITIVE	CLOSE CONTACT		
ISOLATION: • 10 days isolation from the date of first positive COVID-19 test. • The day the test is taken is day 0. • If symptoms persist at day 10 contact the COVID Response Care Team.	Household contacts who <u>can</u> separate from the person with COVID.	Household contacts who <u>cannot</u> separate from the person with COVID.	• Notified by SA Health that they are a close contact; or • Visited a transmission site listed on the SA Health website; or • Close personal interaction with a COVID-19 case during their infectious period.
TESTING: • No testing requirements to leave isolation.	**QUARANTINE:** • 7 days from last day of contact with positive case. • You must receive a negative COVID-19 test on day 6 to leave quarantine.	**QUARANTINE:** • 14 days from the date the person with COVID-19 had their test.	**QUARANTINE:** • 7 days from the last date of contact with the COVID-19 positive case. • You must receive a negative COVID-19 test on day 6 to leave quarantine.

NOTES:
• Don't wait for a text message, notify your household, school or employer and anyone you have had close personal contact with in the 2 days prior to symptoms or testing positive.
• Close personal contact includes:
  - close proximity, and
  - indoors, and
  - no mask, and
  - for more than 15 mins
• You will receive a phone call or text message from SA Health with a survey to complete.
	TESTING:
	• Get tested as soon as possible; and on day 6 after exposure.
	• Get tested as soon as possible if symptoms develop.
		TESTING:
		• Get tested immediately if symptoms develop.
			TESTING:
			• Get tested as soon as possible; and on day 6 after exposure.
			• Get tested as soon as possible if symptoms develop.
			• If you know you are a close contact please do not wait for a text message, get tested and quarantine immediately.

	NOTES: After leaving quarantine, between day 8-14: • Do not attend high risk settings or COVID Management Plan events. • Wear a surgical mask when around others. • Avoid contact with vulnerable people. • Avoid non-essential activities where possible and avoid shared spaces. • Maintain physical distancing.		**NOTES:** After leaving quarantine, between day 8-14: • Do not attend high risk settings or COVID Management Plan events. • Wear a surgical mask when around others. • Avoid contact with vulnerable people. • Avoid non-essential activities where possible and avoid shared spaces. • Maintain physical distancing.

OTHER REQUIREMENTS

• Monitor for symptoms. If symptoms develop you should get tested as soon as possible and quarantine until you get the result.

• Visit the SA Health website for exposure sites.

• If you are made aware of a location you have been has had someone with COVID-19, such as a hospitality venue, place of worship or a recreation facility, monitor for symptoms.

• Wear a mask in indoor settings   • Practice good hand hygiene   • Keep 1.5m from others where possible.